

LASER TREATMENT FOR SOLAR GENESIS (IPL) PRE & POST TREATMENT MEASURES

PRE TREATMENT

The response to treatment and healing process after laser treatments varies with several factors including skin colour and location.

- Avoid the sun and excessive tanning or tanning beds for approximately 3 weeks prior to the laser procedure.
- Avoid using lotions or bath oils on treatment areas the night before and the day of the treatment.

POST TREATMENT

- Redness and swelling may last 1-3 days - cold packs may be used to reduce any swelling to tenderness for the first 24 hours. Tylenol (not aspirin) can be taken for pain or discomfort if required.
- When showering and washing, gently pat dry and do not rub.
- Avoid any harsh or irritating topicals in treatment area (alpha hydroxy acids, acne creams anti wrinkle creams etc.).
- Avoid internal and external heat sources, as this may stimulate melanocytes, leading to hyperpigmentation (hot baths, saunas, and extreme exercise).
- Although we encourage resuming normal activities almost immediately, we do ask that you refrain from vigorous activities for at least 24 hours and exercise 2-3 weeks after the treatment.
- Some blistering may occur in treatment area. Crusts and scabs may develop but infection is rare after treatment. Just keep wound clean and apply antibiotic ointment.